

Power to Heal Commitment Form

To participate in the 2022 Power to Heal Campaign, complete this form in 4 easy steps. Thank you in advance.

1. Preferred contact information

Mr. Mrs. Ms. Dr.

Name (as you wish to be listed in public recognition): _____

Address, city, state, zip: _____

Email: _____ Phone: _____

I wish to remain anonymous with my giving.

2. Gifts of gratitude

Make a gift of gratitude in honor of a colleague, friend, or caregiver who has made an impact on you!

In gratitude to: _____

If this is a colleague, where does he/she work/department? _____

If not a colleague, please provide their email address: _____

3. Commitment information

Choose how you would like to designate your gift. If you choose multiple entities, your gift will be split evenly. Learn more about this year's initiative at [MedStarHealth.org/PowerToHeal](https://www.MedStarHealth.org/PowerToHeal).

- | | | |
|---|--|---|
| <input type="checkbox"/> MedStar Health | <input type="checkbox"/> MedStar Health Home Care | <input type="checkbox"/> MedStar Sports Medicine |
| <input type="checkbox"/> MedStar Ambulatory Services | <input type="checkbox"/> MedStar Health Institute for Quality and Safety | <input type="checkbox"/> MedStar Union Memorial Hospital |
| <input type="checkbox"/> MedStar Franklin Square Medical Center | <input type="checkbox"/> MedStar Health Research Institute | <input type="checkbox"/> MedStar Washington Hospital Center |
| <input type="checkbox"/> MedStar Georgetown University Hospital | <input type="checkbox"/> MedStar Montgomery Medical Center | <input type="checkbox"/> MedStar Health Graduate |
| <input type="checkbox"/> MedStar Good Samaritan Hospital | <input type="checkbox"/> MedStar National Rehabilitation Network | Medical Education |
| <input type="checkbox"/> MedStar Institute for Innovation | <input type="checkbox"/> MedStar St. Mary's Hospital | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> MedStar Harbor Hospital | <input type="checkbox"/> MedStar Southern Maryland Hospital Center | |

4. Payment information

Choose your payment type and amount.

Payroll deduction:

I authorize a total of \$ _____ per pay as an auto-renewal deduction* from each MedStar Health entity paycheck starting Jan. 6, 2023.

*The deduction amount indicated above will continue indefinitely until otherwise requested. Please contact powertoheal@medstar.net with questions.

Cash:

The total amount of: \$ _____

Check:

Made payable to MedStar Health: \$ _____

Credit card:

To securely make your gift, visit us online at [MedStarHealth.org/PowerToHeal](https://www.MedStarHealth.org/PowerToHeal) or call **410-772-6747**.

I am interested in giving stock.

Charitable estate planning:

I have included a MedStar Health entity in my will.

I would like to learn more about how to include a MedStar Health entity in my estate plan.

Signature: _____ **Date:** _____

MedStar Health is a not-for-profit organization; therefore your charitable gift is tax-deductible to the extent allowed by law.

If you have any questions or wish to return this form to philanthropy, please email powertoheal@medstar.net.

Who will you thank?

Everything you need to know about The Power to Heal Campaign

What is The Power to Heal Campaign?

This annual campaign is an invitation to celebrate and participate in a growing culture of gratitude at MedStar Health. In honor of your colleagues and fellow associates, you may give a philanthropic gift, send a gratitude message, or both.

When can I participate?

ANYTIME! Your philanthropic gift, no matter the size, is welcome today or any time during the year.

Who will benefit from my contribution?

This year, the Power to Heal Campaign continues to expand and enhance associate wellbeing initiatives that benefit all associates throughout MedStar Health.

Funds raised through Power to Heal support initiatives such as improved spaces for associates to rejuvenate and recharge. Additionally, funds will allow wellness committees and peer supporters to directly connect with associates and share resources that promote mental health and reduce stress. Funds will support initiatives at the entity and system levels.

How does it work?

It's simple! You can make your commitment through:

- **Recurring monthly credit card gift**
- **One-time gift: cash, credit card, check**
- **Charitable estate gift**
- **Auto Renewal payroll deduction**

Questions?

Contact us at **410-772-6747** or powertoheal@medstar.net.

Learn more about the 2022 The Power to Heal Campaign at [MedStarHealth.org/PowerToHeal](https://www.MedStarHealth.org/PowerToHeal).

Remember: gifts are tax-deductible as allowed by law.

What is my annual payroll deduction contribution?

Amount per pay period	Pay period	Annual gift
\$2	x26	\$52
\$5	x26	\$130
\$7	x26	\$182
\$10	x26	\$260
\$25	x26	\$650
\$38.47	x26	\$1,000
\$50	x26	\$1,300
\$76.92	x26	\$2,000

Where can I participate?



Text **GRATITUDE** to **51555**



Make a commitment online



Complete the commitment form and return via email to powertoheal@medstar.net



Your philanthropic commitment can be payable to MedStar Health and mailed to:

MedStar Health
Office of Philanthropy
10980 Grantchester Way, 7th Floor
Columbia, MD 21044